



# POETRY

FRIENDS AT HOME, FRIENDS ABROAD



BY AUTHOR NAME

# ***BEFRIENDING NOT BULLYING!***



The values of freedom, tolerance, respect for diversity and non-discrimination are cornerstones of European societies. Bullying at schools damages these values.

Bullying has wider social and economic costs as well as a long-term impact as the effects persist into adult life.

Inclusive education, equality, nondiscrimination and tackling discrimination, racism, segregation, bullying, violence and stereotypes are some of the priorities of our project.



Poetry is one of the most beautiful arts of expression. Through poetry, students can express their feelings and ideas about a subject or the world around them. The same goes for drawing and painting. In each partner school, poetry contests were held on the theme of friendship, non-discrimination and the fight against bullying.

This small book presents some of those poems, along with their illustrations.

# PORTUGAL

## EBI/PE DA MARINHEIRA

At EBI/PE da MARINHEIRA, the theme of bullying, friendship and humanistic values typical of a democratic society, are addressed across the school routine.

During the course of the project, we carried out several activities based on the topic of fight against discrimination and bullying. In this way, poetry is just another way for students to express their learning and values.

We held a small internal poetry contest. Students, with the help of their teachers, wrote poems in their mother tongue and in English. Then they made the respective illustrations. Each class selected each illustration for the chosen poems.



# FRIENDSHIP

Friendship is so beautiful  
like a bright sky.  
Having a friend is more powerful  
than a treasure of gold.

I love friendship  
it's like a treasure hidden.  
Friendship is playing  
with the other children.

Playing with others  
with no beating or malice.  
Just having fun  
in a feeling's palace.

Friends help you  
when you get hurt.  
I love my friends  
They're always in my heart.

We must take care of friendship  
otherwise we will be without it.  
Friendship is also love  
affection, sharing and other positive feelings.

*Sara Bacanhim*  
4th Grade | 9 years old







# FRIENDS

Friends are like brothers  
We're always together.  
We like to play the same games  
And make everyone feel better.

Friends stand by you when you need  
They're always there for me.  
They help you succeed  
Love is the greatest that can be.

Friends want to get to know you  
When you're blue they always cheer you up.  
They're honest and always true  
And they never let you give up.

*Collective poem*

4th Grade Class

# MY FAMILY

My family is my refuge  
It's where I feel safe.  
It's my protection  
The best I can have.

My mother and my father  
Are my best friends.  
They never leave me  
Even when I fail.

My family is the best  
It's not perfect.  
But they are always there  
Ready to protect.

*Collective poem*  
3rd Grade Class

